

Ashland County Aging Unit, Inc. Senior Nutrition Program

Senior Dining Sites & Meals on Wheels



JANUARY 2025



For persons 60 years of age & older regardless of income or assets

SITE CONTACTS FOR RESERVATIONS OR CANCELLATIONS:

**Ashland Site
715-682-4414 x. 0**

**Sanborn Site
715-278-3955**

**Glidden Site
1-888-682-7672**

**Butternut Site
715-769-9417**

**Toll-Free
1-888-682-7672**

No email reservations accepted.

**All meal programs administered by:
Ashland County Aging Unit, Inc.
400 Chapple Ave.
Suite 100
Ashland, WI 54806**

Mon—All Sites	Tue— HD Only	Wed—All Sites	Thu—All Sites	Fri— HD Only
<p>\$4—\$6/meal suggested donation for age 60+.</p> <p>Cost for people under 60 unless accompanied by their senior spouse is \$10.00</p>	<p>CLOSED FOR THE HOLIDAY NO MEALS</p> 	<p>CLOSED FOR THE HOLIDAY NO MEALS</p> 	<p>2 Chicken Fajita w/Refried Beans Fajita Vegetables on a Flour Tortilla Pears</p>	<p>3 Turkey Meatloaf Mashed Potatoes & Gravy Steamed Carrots Pineapple Tidbits Wheat Roll</p>
<p>6 Shepard's Pie California Vegetable Blend WW Roll w/Butter Pears</p>	<p>7 Ham w/Brown Sugar Glaze Peas & Carrots Baked Beans WW Bread w/Butter Fresh Fruit</p>	<p>8 Italian Meatballs w/Marinara on WW Pasta Side Salad w/Tomatoes, Cucumbers, & Ranch Dressing Peaches</p>	<p>9 Lemon Baked Chicken Mashed Potatoes & Gravy Pickled Beets WW Roll w/Butter Fresh Fruit</p>	<p>12 Split Pea Soup Turkey Sandwich w/WW Bread Lettuce, Tomatoes, Cheese Fresh Fruit</p>
<p>13 Beef Stew Mashed Potatoes Pineapple tidbits Southern Biscuit w/Butter</p>	<p>14 Egg Salad Sandwich on WW Bread w/Tomatoes & Lettuce Four Bean Salad Peaches</p>	<p>15 Garlic Herb Pork Loin Baked Potato w/ Sour Cream Steamed Broccoli Pears WW Bun w/Butter</p>	<p>16—BIRTHDAY MEAL Braised Beef Tips Mashed Potatoes Steamed Green Beans Chocolate Black Bean Cake</p> 	<p>17 Sloppy Joe on a Bun Peas and Carrots Roasted Potato Wedges Fresh Fruit</p>
<p>20 Baked Chicken w/Thyme Sauce Mashed Potatoes & Gravy Steamed Carrots Fresh Fruit & W.W Roll</p>	<p>21 Salisbury Steak Mashed Potatoes w/Brown Gravy Peas & Carrots Pineapple</p>	<p>22 Kielbasa Sausage on Hot Dog Bun w/Sauerkraut Baked Beans Fresh Fruit</p>	<p>23 Lasagna Italian Vegetables Peach Halves</p>	<p>24 Santa Fe Chicken Bean Soup Italian Vegetables Fresh Fruit WW Roll w/Butter</p>
<p>27 Beef Chili Saltine Crackers Steamed Spinach Fresh Fruit</p>	<p>28 Hearty Tomato Basil Soup Parmesan Roasted Potatoes Fresh Fruit WW Roll w/Butter</p>	<p>29 Sweet & Sour Meatballs W/ Brown Rice & Asian Vegetable Tomato & Cucumber Salad Pineapple Tidbits</p>	<p>30 Chicken Broccoli Alfredo Italian Vegetables Fresh fruit</p>	<p>31 Chicken Gumbo Steamed Carrots Peach Halves W.W Dinner Roll</p>